

X-Ray Consent & Radiological Reporting Instructions

Patient Name: _____ **Sex:** _____

Date of Birth _____ **Clinic ID #** _____

Our entire team at Total Lifestyle Chiropractic Airlie Beach is dedicated to helping you live an active, long and healthy life. In determining whether you would benefit from Chiropractic Care and what adjustments you may require, specific postural spinal X-Rays, taken correctly from a postural and Chiropractic point of view, may be recommended.

If X-rays are required, your Chiropractor will request those X-Ray images, with your consent, and then analyse your X-Rays together with your exam findings. Based on these findings, your Chiropractor will determine recommendations for your program of Chiropractic Care. This will be explained to you in your Report of Findings on your next visit.

Your X-Rays will be forwarded to Professional Radiology Outcomes (PRO) for Radiology reporting to ensure there are no pathology issues.

I hereby grant permission to have X-Rays taken at Total Lifestyle Chiropractic Airlie Beach sent to PRO for reporting. **YES / NO**

I authorise Medicare to make payment in respect of the services performed by PRO as stated above (Imaging report). **YES/NO**

Have you had a set of spinal x-rays from any provider in the past 12 months? **YES / NO**

Professional Radiology Outcomes supports ethical Medical and Chiropractic Research. As such, PRO requests your permission to use your anonymous results for this purpose. I understand that I am not obligated to do so and that I may opt out at any time by contacting Professional Radiology Outcomes on 1300 24 31 10. I understand that my personal details will NOT be recorded or retained, or provided to any third party for any reason.

Changes to the law now require all practitioners who take x-rays and adjust the spine to warn patients of material risks.

The Risk Associated with X-ray

Generally, the benefit of the X-ray procedure is far more important than the small estimated risk. At the radiation dose levels that are used in diagnostic radiography there is little or no evidence of adverse health effects. There are two major risks to health that occur as a result of exposure to medical ionizing radiation (which is the kind of radiation in X-rays). These are cancer occurring many years after the radiation exposure and health problems in the children born to people exposed to radiation because of damage to the reproductive cells in the body. Medical research has as yet been unable to establish conclusively that there are significant effects for patients exposed to ionizing radiation at the doses used in diagnostic imaging. In addition, the dose of radiation that you receive from X-rays is very much lower than for other types of radiology procedures such as Computed Tomography (CT) scanning or angiography (X-ray examination of the blood vessels).

To put this all into perspective, a patient would need to have approximately 38 chest X-rays to receive an amount of radiation similar to that of normal background radiation that everyone receives for one year from the environment (ARPANSA 2008). This is very encouraging and supports the use of the small doses involved in diagnostic radiography.

What are the benefits of X-rays?

The benefits of X-ray are:

X-ray imaging is useful to diagnose disease and injury fractures, bone infections, arthritis, etc.

X-ray imaging is fast and easy so it is particularly useful in emergency diagnosis and treatment.

X-ray equipment is relatively inexpensive and widely available in hospitals and X-ray clinics and other locations, making it convenient for both patients and doctors, even in remote locations.

I agree to allow the images and results of my x-ray to be used for anonymous medical research. YES / NO

I consent to having X-rays taken and state that I have read and understood the possible risks involved. YES / NO

Females only: Do you believe that you could be pregnant at this time? YES / NO

Patient's Signature

Guardian's Signature if patient is under 18:

Guardian's Name (please print)

Chiropractor's Signature: _____ **Today's Date:** _____